

RESEARCH PROJECT INFORMATION

Supported decision-making is being tried in Australia. Young people with intellectual and cognitive disabilities have not been asked very much about this yet. So this research aims to promote young people's perspectives and experiences of being supported to make decisions.

What is supported decision-making?

Supported decision-making is when a person makes their own decisions with help from someone else. Decisions can be big or small and are about making choices. Some people might get help to make some decisions in their life. Other decisions they make on their own. The people who give the support might be family, or support workers or friends. Everyone is different and make their decisions in different ways.

Who is conducting the research?

Danielle Notara is a PhD a student at the Centre for Children and Young People at Southern Cross University in Lismore. Danielle is on a scholarship funded by the Australian Research Council. She is experienced in research with children and young people with disability. The Research is supervised by Professor Anne Graham and Dr Sally Robinson from Southern Cross University and Professor Karen Fisher from the University of New South Wales.

What are you being asked to do?

The research project is recruiting socially isolated young people with cognitive disability aged 15-24 to take part in a series of interviews. If you know any young people who may be willing to take part in the research, could you please assist by passing on the attached invitation.

What happens next?

If the young person indicates they are interested, please support them to contact Danielle and make a time for her to visit. If the young person has a guardian please first provide them with an information and consent form. Danielle will explain the research project in more detail, answer any questions and complete an informed consent process.

How will the young person participate in the research?

Young people will have the option of a number of accessible methods for participation, tailored to their preference- sitting and talking or drawing or taking photos or going for a walk. They will be asked to talk about their experiences of using supported decision making. Young people will receive an \$80 gift voucher at the conclusion of the research in recognition of their time and expertise contributed to the project. Danielle can visit up to four times between June and December.

How can I get more information?

Danielle Notara can be contacted on 02 6620 3802 or danielle.notara@scu.edu.au

The research is approved by the Southern Cross University Human Research Ethics Committee (approval number: ECN-17-077)